


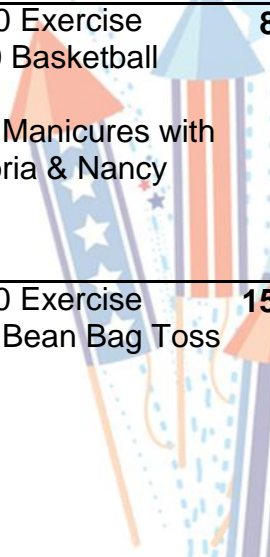
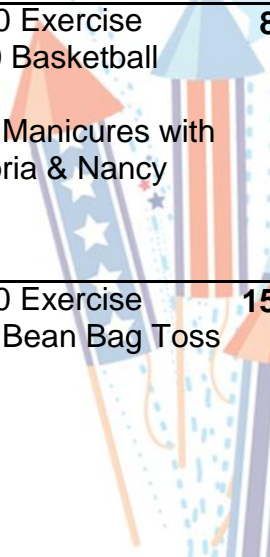


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 Exercise <b>1</b> 1:30 Cards Happy Canada Day 	2 No Activities 	3 9:00 News & Views 11:00 Exercise 2:00 Baptist Church	4 9:00 Walk Outside 10:00 Librarian 11:00 Exercise 2:00 Bingo 	5 9:00 News & Views 11:00 Exercise 1:30 Golf Games 3:30 Reading Group	6 9:00 Words Games 11:00 Exercise 1:00 Bus Trip	7 11:00 Exercise 1:30 Bowling
8 11:00 Exercise 1:30 Basketball 7:00 Manicures with Victoria & Nancy 	9 9:00 Glass Cleaning 10:00 Rosary 11:00 Exercise 2:00 Scripture Reading 3:00 Pet Visit	10 9:00 News & Views 11:00 Exercise 2:00 Salvation Army Church	11 9:00 Walk Outside 11:00 Exercise 2:00 Bingo 3:30 Adult Coloring	12 9:00 Word Games 11:00 Exercise	13 9:00 News & Views 11:00 Exercise 2:00 Bean Bag Toss 3:30 Reading Group	14 Lobster Parade
15 11:00 Exercise 1:30 Bean Bag Toss 	16 9:00 Glass Cleaning 10:00 Rosary 11:00 Exercise 2:00 Trivia 3:00 Pet Visit	17 9:00 News & Views 11:00 Exercise 2:00 Central Street Church	18 9:00 Walk Outside 11:00 Exercise 2:00 Bingo 3:30 Resident Meeting	19 9:00 News & Views 11:00 Exercise 2:00 The Snow Birds (Sandra Davis) 7:00 Lionel Chassion Music	20 0:00 Word Games 11:00 Exercise 2:00 Crokinole Games 3:30 Reading Group	21 11:00 Exercise 1:30 Trivia
22 14 <sup>th</sup> Annual Barbeque Music By Highway #2 7:00 Manicures with Victoria & Nancy	23 9:00 Glass Cleaning 10:00 Rosary 11:00 Exercise 2:00 Scripture Reading 3:00 Pet Visit	24 9:00 News & Views 11:00 Exercise 2:00 Trinity Church	25 9:00 Walk Outside 11:00 Exercise 2:00 Bingo 3:30 Stepper Exercise	26 9:00 News & Views 11:00 Exercise 2:00 Golf 3:30 Trivia	27 9:00 Health Chat with Joanne 11:00 Exercise 1:30 Basketball 2:30 Birthday Cake	28 11:00 Exercise Bike Exercise 1:15 Cards
29 11:00 Exercise 1:15 Bowling	30 9:00 Glass Cleaning 10:00 Rosary 11:00 Exercise 2:00 Scripture Reading 3:00 Pet Visit	31 9:00 News & Views 11:00 Exercise 2:00 Pentecostal Church	